

# SUPPLY LIST

## INTRO TO FEARLESS FREE MOTION QUILTING

Jenny K. Lyon

- Machine-in good working order. Bring the one you will really work with at home if possible.
- Manual for machine. Please know how to set up your machine for free motion before class by reading your manual.
- Free Motion or Darning foot for your machine- open-toed is best. Bring a closed toe darning foot if that's what you have. The foot usually has a spring on it. You do need this for the class-if you're not sure, please call your machine's dealer to make sure you have the correct one.
- Put the free motion foot on your machine before you come and lower the needle to make sure it fits and works with your machine. Your quilt sandwich should move freely under a lowered presser foot. I want to make sure you have the right one!
- 6-8 quilt "sandwiches". Exact size is not important but they should be about 14" square or so-1 5/8 yds of fabric will yield 6 sandwiches. Fabric should be solid or near solid so that you can see your stitches. Your sandwiches will have 3 layers: fabric, batt, fabric. A thin cotton batt works best. Put a few pins in just to hold it together.
- Blue wash out marker or white marker if your fabric is dark.
- Quality thread, preferred 50 weight or higher (higher number=thinner thread) (Aurifil, Mettler are good). If you're going to go buy thread for class, I would suggest Aurifil 50 weight-it behaves well.
- Wound bobbin (same thread choices as above).
- One extra bobbin-empty.
- Size 80/12 needles for your machine-topstitch preferred; the new titanium coated ones are even better-they last longer.
- Scissors or snips.
- 4 paper towels (I'll explain!)
- Pencil/paper for taking notes and practicing motifs-unlined is much better than lined.
- Any other notions that you like to use for free motion quilting

**NOTE:** We'll break for a ½ hr lunch-it's probably best to bring one.

### **Bring only if you already have (don't rush out and buy them):**

- The bed extender that came with your machine if you have one. Or, bring your Sew Steady table if you have one.
- Teflon machine bed cover such as Supreme Slider (makes the bed of your machine slippery so that your quilt sandwich moves more smoothly).
- Straight stitch throat plate.
- Quilting gloves of your choice-no, you don't have to have them but it can help!

Questions? E-mail me @ [jenny@quiltskipper.com](mailto:jenny@quiltskipper.com)  
Want to see what I'm up to? Follow my blog at <http://quiltskipper.com>