

**Make and Take Workshop, November 23, 2019**  
**Elk Grove Sew & Vac**  
**9:00 am setup. 9:30 am start - 3:00 pm end**

**Basic Supplies for all**

Sewing machine

- Power Cord, Cord to foot peddle

Sewing machine feet

- 1/4" foot
- Zig zag, open toe foot ( Coiled Coasters )

Sewing machine needle ( new )

- Size 90/14 needle ( Coiled Coasters )

Rotary Cutter, Mat and Ruler(s)

Scissors

- Small and medium or large sizes

Pins

Sewing Needles

- Applique or Hand Sewing Needle
- Slightly Larger needle for the English Paper Piecing (Hexie) project

Seam Ripper

Point turner

Thimble

See other side

### **Supply List for the Coiled Coasters**

- 5 - 3/4" wide x 40" long Fabric strips (can be shorter pieces, for a total of 200").
- Coordinating thread
- Glue stick

Clothesline will be provided in class

### **Supply List for the Quilted Fabric Picture Frame**

- 4 Fat Quarters that work together
  - Fabric 1: 1 Fat Quarter Focus fabric for the center of the frame. Should work with other fat quarters. Flowers, abstract, person, animal, etc
  - Fabrics 2 and 3: 2 fabrics coordinating with all Fat Quarters
  - Fabric 4: 1 Fat Quarter for the back - Solid, tone-on-tone, very small print, or tiny dot fabrics are good choices, but not stripes. Should coordinate or contrast nicely with the other fabrics.
- 4" x 4" square of Black fabric (or larger)
- Thread
  - 1 thread should blend with your fabrics on the front of the frame
  - Bobbin thread should coordinate with the backing fabric

Batting will be provided in class

### **Supply List for the Folded Coasters**

Six – 5" squares of coordinating fabric for **EACH** coaster. (Please precut your 5" squares before class or you can use a Charm Pack)

Batting will be provided in class

These are easy to make and can be a cute gift.

### **Supply List for the Hexie Flower Mug Rug**

FYI re Fabric and Thread: Each kit will include 6 - 2 1/2" square 'petals' cut from the same batik 2 1/2" strip and 1 - 2 1/2" square of yellow center fabric. I have shades of rusty red down to a light orange for the petals. Neutral thread will be available. You may bring your own fabric and / or thread if desired.

Other supplies will be provided.